

## Privacy Policy for The Aquiliea Method

*Last updated: 8/16/2025*

At **The Aquiliea Method**, your privacy is important to us. This privacy policy explains how we collect, use, and protect your information.

### Information We Collect

- Personal information you provide when signing up for emails, downloading free resources, or purchasing products (e.g., name, email address, billing info).
- Usage data collected automatically via cookies and analytics (e.g., pages visited, time spent on site).

### How We Use Your Information

- To deliver products, newsletters, and updates.
- To improve our website, products, and services.
- To comply with legal obligations.

### Third-Party Services

We use third-party services including **Gumroad** for product sales and **ConvertKit** for email capture. These services may collect and store data according to their own privacy policies.

### Cookies & Tracking

Our website uses cookies to enhance user experience and track website analytics. You can manage cookie settings in your browser.

### Data Protection

We take the security of your personal information seriously. We implement reasonable technical, administrative, and organizational measures to protect your data from unauthorized access, disclosure, alteration, or destruction. While we strive to keep your information safe, no method of transmission over the internet or electronic storage is completely secure.

### Your Rights

You may request access to, correction, or deletion of your personal data. You may also unsubscribe from emails at any time.

**Contact Us**

If you have questions about this privacy policy, please contact:

**Email: [info@theaquilieamethod.com](mailto:info@theaquilieamethod.com)**